



Starters

Homemade soup of the day, toasted sourdough (v) **5**

Oak smoked salmon, celeriac rémoulade, super green salad, capers, pumpkin seeds, beer pickled red onion (gf) **9**

Roasted red pepper hummus, BBQ corn, purple sprouting broccoli, asparagus, beetroot, radish, pomegranate (vg, gf) **9.5**

Baked "Ras el hanout" & beetroot falafels, maftoul & chickpea, tzatziki (vg) **8.5**

Cornish rope grown Mussels Marinere, Bovril butter, sourdough bread **9.5**
(Make it ½ a kilo and add fries **16**)

Salads

Whole crispy duck leg, watercress, rainbow slaw, orange, pomegranate, hoi sin duck sauce (gf) **16.5**

Classic Caesar, baby gem, anchovy, crispy streaky bacon, soft boiled hen's egg, crouton, dressing **11**

Sweet potato & avocado salad, rocket, spinach, turmeric bulgur wheat, roasted red pepper hummus, apple cider vinaigrette (vg) **12**

Top off your salads with your choice of any of the following;

Harissa chicken 4 | grilled chicken 3.5 | falafels 3.5 | chalk stream trout 5

Main Courses

Pan roasted seabass, truffle potato gratin, purple sprouting broccoli, dukkha spiced mussel cream (gf) **18.5**

Harissa 12-hour marinated ½ Shropshire chicken, super green salad, turmeric bulgur wheat, garlic aioli **16.5**

Fish & chips, mushy peas & tartare sauce **15**

Spice rubbed monkfish corn tacos, red cabbage & fennel slaw, avocado cream, super green salad, mango & chilli salsa (gf) **17**

THIS-Isn't Chicken corn tacos, red cabbage & fennel slaw, avocado cream, super green salad, mango & chilli salsa (vg) **17**

Aged sirloin steak, Portobello mushroom, confit tomato, watercress, sauce: *peppercorn or garlic butter* (gf) **24**

Colton Burger, cheddar, crispy smoked bacon, burger sauce, red onion marmalade, crispy dill pickle, fries **15** (*double up 3 | upgrade to sweet potato fries 2*)

Colton Vegan Burger; pulled oats patty, vegan cheese, THIS-isn't-bacon, sriracha mayo, red onion marmalade, dill pickle, fries (vg) **15**
(*double up 3 | upgrade to sweet potato fries 2*)

Sides

Chips or fries **4** | Super green salad **5** | Sweet potato fries **5** | Truffle parmigiana tiger fries **6.5**

Puddings

Knickerbocker Glory **6**

S'More chocolate brownie, vanilla ice cream, cocoa soil **6**

Sticky toffee pudding, honeycomb, salted caramel ice cream **6**

Ice Cream Union ice cream - *ask for flavours* (gf) **2 per scoop**

Please inform us of any allergies you might have. All our dishes are checked over for allergens and presented in our allergens matrix.

Please ask a member of the team for a look.

v = vegetarian vg = vegan gf = gluten free.

Discretionary service charge of 12.5 % will be added to your bill.